

**Band / Artist :** [Adult Crash](#) **Added :** Saturday, September 30th 2006

**Title :** Eat Sleep & Destroy

**Lyrics :**

Eat Sleep & Destroy  
(by Kyle Robinson)

My face is covered in puke  
My times not wasted on you  
my bed is comfortable too  
and my mouth is rude

I put coke in my nose and I jump for joy  
i've got no sympathy for girls or boys  
I just want to make some noise  
I wanna Eat Sleep And Destroy!

Sleep And Destroy!  
I wanna Eat Sleep And Destroy!!!! (x4)

Your head is splitting in two  
and your brains are lookin' like food  
and if I've got a problem with you  
Then you are fucking screwed.

I put coke in my nose and I jump for joy  
i've got no sympathy for girls or boys  
I just want to make some noise  
I wanna Eat Sleep And Destroy!

Sleep And Destroy!  
I wanna Eat Sleep And Destroy!!!! (x4)